



INVITATION

**To the President/General Secretary
of AWF Affiliated National Weightlifting Federation/ Association**

Dear Weightlifting Family,

It is of great pride and genuine pleasure that I invite you to the 2025 Asian Weightlifting Championships, which will take place in Jiangshan city, Zhejiang Province, China, from 6th to 16th May 2025.

Not far from Hangzhou, the host city for the 19th Asian Games, Jiangshan is located in Zhejiang Province, with an area of 2,019 square kilometers, has a population of 610,000. The city is known as the Global Green City. Citizens of Jiangshan love sports, especially weightlifting as Jiangshan has a long history in organizing both national and international weightlifting events. In Jiangshan, weightlifters could enjoy top-notch facilities and venues, such as the weightlifting-themed Hushan Sports Park. The sports park has a comprehensive gymnasium equipped with 50 weightlifting training platforms, an area of 500 m² for strength training, indoor swimming pool, sauna rooms, recovery rooms, and cold and hot pools .

We are trying our utmost to prepare and deliver an unforgettable Asian Championships and believe this event will be a milestone for Jiangshan. Looking forward to meeting you in Jiangshan soon.

Warm regards.

**Mr. LIU Chengliang
President of Chinese Weightlifting Association (CWA)**



SUMMARY OF MODIFICATIONS

1. **The deadline of submission of Accommodation & Transportation Form:** for those who only attend the Asian Championships, please return the form by 06 April 2025; Those who attend both the Pre-Games Training Camp, please return the form by **26 March 2025**.
2. **The deadline of submission of Visa Application Form** is 6th March 2025.
3. **Updated timetable**
3. **Additional Forms Required-- Calculation Form**



COMPETITION REGULATIONS



AWC 2025 JIANGSHAN
ASIAN WEIGHTLIFTING
CHAMPIONSHIPS
亚洲举重锦标赛



2025 ASIAN WEIGHTLIFTING CHAMPIONSHIPS

1. DATES & PLACE

09-15 May 2025, Jiangshan City, Zhejiang Province, China.

2. COMPETITION AND TRAINING VENUE

Hushan Sports Park, Jiangbin South Road, Jiangshan, Zhejiang, China.



3. ACCOMMODATION

ITO & Officials:

Jiangshan Jinling Grand Hotel, No.298 Luxi North Road, Jiangshan, Zhejiang, China.





Athletes:

Jiangshan Yunfan Sports Resort Hotel, No.99-2 Jiangbin South Road, Jiangshan, Zhejiang, China.



A minimum stay of 4 (four) nights is required for all participants.

NOTE: Check-in: after 14:00 / Check-out: before 14:00

4.FINANCIAL CONDITIONS

ACCOMMODATION FEE (with full board)

Single room: USD 160/person/night

Double room: USD 140/person/night

ENTRY FEE

USD 220/athlete (including USD 100 Anti-Doping Fee)

Delegates & Team Officials: USD 120/person

PAYMENT

All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation/Association.



No accommodations or accreditations will be offered to any delegation member until funds have been received in full by the Local Organizing Committee (LOC).

No accommodation is guaranteed until full payment is received.

Hotel “No-Show” charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee before 06 April 2025, the delegation must pay the charge of “No-Show” per person to the Local Organizing Committee. The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until 06 April 2025 at the last, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 06 April 2025 and no refunds will be given.

BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

100% of the total payment (accommodation & entry fee) must be transferred by 06 April 2025 to the Bank Account of the Local Organizing Committee.

The countries unable to make wire transfers are required to submit a request to the AWF President and the AWF General Secretary to be allowed to pay in cash upon arrival.

Please contact your bank and consider the transaction time of your transfer to be duly received by the deadline to the bank account of the LOC.



We kindly remind you to send the bank statement confirming the bank transfer you made to the bank account of the LOC by sending it to E-mail awc2025@163.com

BANK: BANK OF CHINA JIANGSHAN SUB-BRANCH ZHEJIANG PROVINCE
SWIFT: BKCHCNBJ910
BANK ADDRESS: N0.64 Zhongshan Road, Jiangshan, China

NAME OF BENEFICIARY: JIANGSHAN NANCHENG HOTEL MANAGEMENT CO., LTD.

ACCOUNT NUMBER/IBAN: 355883165008

5. PRE-COMPETITION PROCEDURES/ATHLETES' REGISTRATION

Athletes must be registered via the AWF Online Entry System:

Brief instruction on how to register the athlete:

The registration of the athletes will be done online by the following link: <https://awf.sport/asian-weightlifting-a-entry/> on the [AWF](#) website:, then you will need to type the following password: **awfchamp_2025**

After successfully entering the registration page, we need to know the filling person's details, your federation's email address and then you may fill out the required information of the athlete. If the athlete is reserved, you need to click the reserve button. If you want to add more athletes, press the next athlete button to register more athletes. When all athlete's registration has been done, press confirm to save the entry.

In case, if you need further assistance on how to register, you may contact the following WhatsApp contact: +998 955903110, or write an email to AWF Secretariat: secretariat@awf.sport



PRELIMINARY ENTRIES

The preliminary entries must be registered into the AWF Online Entry System by no later than **09 February 2025**, that is 3 months prior to the event as per IWF Rules & Regulations.

- Member Federation/Association must submit the Preliminary Entry (Long List) of a maximum number of athletes:

Max.: TWENTY (20) MEN and TWENTY (20) WOMEN

THIS MEANS THAT THE MEMBER FEDERATION CANNOT ADD NEW ATHLETE(S) TO THE LIST AFTER 09 FEBRUARY 2025.

FINAL ENTRIES

The final list of athletes must be confirmed in the AWF Online Entry System by no later **09 April 2025**, that is one month prior to the event as per IWF Rules & Regulations.

Member Federation/Association must select the final list of athletes from the preliminary entry (previously submitted by 09 February 2025):

Max: TWELVE ATHLETES (10+2 RESERVE) PER GENDER

THE FINAL LIST OF ATHLETES CAN BE ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.

NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.

The following documents must be returned by **06 April 2025 (by email)**. For those who attend both the Pre-Games Training Camp and Asian Championships, please return the documents by **26 March 2025 (by email)**:

- Accommodation & Transportation Form
- Calculation Form
- Passport Copy & Photos for Accreditation



All forms must be sent to E-mail awc2025@163.com

MEDIA

All media participants must be approved by AWF by no later than 09 April 2025.

6. VISA

All participants must apply for Chinese visas before entering China. Please fill in the Visa Application Form and return it together with passport copies before 06 March 2025 to E-mail: awc2025visa@163.com

Important note: invitation letter for visa will be processed in a minimum of two weeks. Passports should have at least six months of validity remaining from the date of your entry or departure to or from China.

LOC cannot guarantee any visa for participants submitting their visa application letter after the above deadline.

7. ACCREDITATION

The Accreditation will take place at Jiangshan Yunfan Sports Resort Hotel. It is essential to send clear photos of each participant to the Organizing Committee by email (awc2025@163.com) to facilitate the preparation of ID/Accreditation cards. These photos should be submitted along with the accommodation forms.

Photo Requirements (not scanned):

- **Size:** 3.5 cm x 4.5 cm
- **File size:** 100 KB to 500 KB
- **Background:** White
- **File Format:** JPG
- **File Name:** The file name must include the **full name** and **function** of the participant (e.g., *Full Name_Coach.jpg*).

8. ANTHEM

Each Member Federation should bring two (2) national flags sized 100 x150cm and the national anthem on USB drive. This must be submitted upon arrival/accreditation to the Organizing Committee (OC).



The LOC/AWF cannot be held responsible for errors relating to the flag and anthem.

9. TRANSPORTATION

The LOC will provide a free shuttle bus service from/to Hangzhou Xiaoshan International Airport.

Accommodation & Transportation Form must be provided by 06 April 2025. For those who attend both the Pre-Games Training Camp and Asian Championships, please return the Form by 26 March 2025.

All forms must be sent to the email address of AWF and Organizing Committee

Transportation form shall state which airline, flight number, and exact time each delegate will be arriving and departing. Any change in the travel schedule must be communicated well in advance, otherwise, the LOC cannot guarantee that it will be able to meet the new requests.

Local shuttle bus service will be provided for all participants to get from/to the venues (accommodation, competition/training venue, meetings and any other official program).

10. COMPETITION REGULATION

The 2025 Asian Weightlifting Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR).

11. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants - athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), IWF Policies & IWF COVID-19 Protocols;



- Abide by all reasonable directions given by the AWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by AWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of AWF/LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event - the AWF, and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release AWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or AWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

12. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2010 or earlier).



In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information about the athletes shall be submitted at minimum three (3) months prior to the event, that is 9th February 2025.

13. BODYWEIGHT CATEGORIES

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

14. AWARDS

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with Team Classification.

15. DOPING CONTROL

Doping control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

16. BARBELL

IWF approved ZKC barbells will be used during the competition and training.

17. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury issuance by their respective Federations before their departure from their hometown.

18. TEMPERATURE & ELECTRICITY INFORMATION

Climate during the proposed period: The average temperature in Jiangshan is 19°C ~ 28°C in May.

Electricity for China associated three main types of plugs: A, C, and I. China operates on a 220V supply voltage and 50Hz.



Contact details:

Asian Weightlifting Federation

Tel: +966 50 800 8917

Address: Prince Faisal Bin Fahd Olympic Complex
P.O. Box 42806 Riyadh 11551 Kingdom of Saudi Arabia
Email: secretariat@awf.sport

Chinese Weightlifting Association

Address: No. 10 Block, Xinqiwang Office Building, 1 Dongdadi St., Dongcheng District, Beijing, 100062

Local Organizing Committee

Ms. WANG Xiao

Tel: +8605 704022424 , +8605 704028336
Email: awc2025@163.com

Address: No. 36, Jiangbin Road, Jiangshan, Zhejiang Province, China, 324100



Preliminary Timetable*

26 April to 05 May	International Weightlifting Training Camp
06 May/Tuesday	Arrival date
07 May/Wednesday	19:00 pm - Verification of Final Entries 20:00 pm - Anti-Doping Seminar (<i>or during the competition days</i>)
08 May/Thursday	09:00 am - AWF (Technical/Coaching & R./Medical) Committee Meetings 11:00 am - AWF Executive Board Meeting 15:00 pm - AWF Congress 19:00 pm - Opening Ceremony 21:00 pm - ITO Meeting
09 to 15 May	Competition days
16 May/Friday	Departure date

Attention: * This preliminary timetable is subject to be changed. Any changes will be informed accordingly



COMPETITION TIMETABLE*

DATE	WEIGH-IN	COMPETITION	Gender	CATEGORY	GROUP
09 May/Friday	7:00	9:00	W	55kg	B
	11:00	13:00	W	45kg	A
	14:00	16:00	W	49kg	A
	17:00	19:00	W	55kg	A
10 May/Saturday	7:00	9:00	M	55kg/61kg/67kg	B
	11:00	13:00	M	55kg	A
	14:00	16:00	M	61kg	A
	17:00	19:00	M	67kg	A
11 May/Sunday	6:00	8:00	W	59kg/71kg	B
	8:30	10:30	W	64kg	B
	11:00	13:00	W	59kg	A
	14:00	16:00	W	64kg	A
	17:00	19:00	W	71kg	A
12 May/Monday	6:00	8:00	M	73kg/89kg	B
	8:30	10:30	M	81kg	B
	11:00	13:00	M	73kg	A
	14:00	16:00	M	81kg	A
	17:00	19:00	M	89kg	A
13 May/Tuesday	7:00	9:00	M	96kg	B
	11:00	13:00	W	76kg	A
	14:00	16:00	M	96kg	A
	17:00	19:00	M	102kg	A
14 May/Wednesday	7:00	9:00	W	81kg/87kg	B
	11:00	13:00	W	81kg	A
	14:00	16:00	W	87kg	A
	17:00	19:00	W	+87kg	A
15 May/Thursday	7:00	9:00	M	109kg/+109kg	B
	11:00	13:00	M	109kg	A
	14:00	16:00	M	+109kg	A

Attention: * This timetable is subject to be changed after the final verification of the entries.



Pre-Games (before the Championships) Training Camp

1. Dates & Place

26 April-- 5 May 2025, Hushan Sports Park, Jiangbin South Road, Jiangshan, Zhejiang, China.



2. Accommodation

Jiangshan Yunfan Sports Resort Hotel, No. 99-2 Jiangbin South Road, Jiangshan, Zhejiang, China.



3. Financial Conditions

Accommodation Fee (with full board)

Single Room: USD 110/person/night

Double Room: USD 90/person/night

The LOC will provide a free shuttle bus service from/to Hangzhou Xiaoshan International Airport.



Payment

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PROVINCE BANK ADDRESS: N0.64 Zhongshan Road, Jiangshan, China

SWIFT: BKCHCNBJ910

**NAME OF BENEFICIARY: JIANGSHAN NANCHENG HOTEL
MANAGEMENT CO.,LTD.**

INTERNATIONAL BANK ACCOUNT NUMBER / IBAN: 355883165008



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