

INVITATION

To the President/General Secretary
of IWF Affiliated National Weightlifting Federation/Association

Dear Sir, Madam,

On behalf of the Albanian Weightlifting Federation, the Mayor's Office of Tirana, the Ministry of Sport and the Albanian Olympic Committee we have the great honor to invite you to the 2023 IWF World Youth Championships, during the period from March 25th to 1st April in Durrës, Albania

Tirana is officially declared "European City of Sport" for 2023. The mayor of Tirana, Erion Veliaj, received the title in a special ceremony at the headquarters of the European Parliament.

The Albanian Weightlifting Federation is recognized for its quality in the organization of international weightlifting events, like we did with 2022 European Senior Weightlifting Championships, The Electoral Congress and 2022 European Junior & U23 Championships.

AWF was founded in 1949 and is one of the oldest from the National Sports Federation. AWF is a member of the European Weightlifting Federation (EWF) and the International Weightlifting Federation (IWF). From 1972-2012 (April), the total number of medals won at the Olympic Games, World Championships, European Championships and International Tournaments is 299: Of which 101 Gold, 109 Silver and 89 Bronze.

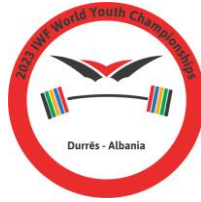
We hope to see you soon in our place called Albania!

ELEZ GJOZA
President of the Albanian Weightlifting Federation
Chair of the Organizing Committee



COMPETITION REGULATIONS





1. DATES & PLACE

25 March – 01 April 2023, Durres, Albania

2. COMPETITION AND TRAINING VENUE

“Ramazan Njala” Sport Complex
8F92+FCW, Rruga e Deshmoreve, Durres, Albania

3. ACCOMMODATION

Accommodation will be at the following hotel:

- **Grand Blue Fafa Resort**

A minimum stay of 4 (four) nights is required for all participants.

*** NOTE: Check-in: 14.00 / Check-out: 12.00**

4. FINANCIAL CONDITIONS

Accommodation Fee (with full board)

Grand Blue Fafa Resort

Single room	EUR 160 / per person / per night
Double room	EUR 140 / per person / per night

Entry fee

Athletes:	EUR 150 per person + \$50 USD IWF Special AD Fee
Delegates & Team Officials:	EUR 150 per person

Payment

Check-in: All participants (who did not make payment by bank transfer) must make full payment upon arrival in cash (EUR & USD) to the Local Organizing Committee.

All payments must be made in EUR & USD currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation.

No accommodations or accreditations will be offered to any delegation member until funds have been received in full to the Local Organizing Committee bank account or paid in cash. **No accommodation is guaranteed until full payment is received.**



Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 10 days before the arrival, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form on **25/02/2023** should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel and however, this cannot be guaranteed.

Cancellations will not be accepted after **10/03/2023** and no refunds will be given.

BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

A minimum of 50% of the total payment must be transferred by **10/03/2023** to the Bank Account of Local Organizing Committee. Please ask your bank and consider the time it takes to process the transfer for the payment to arrive by the deadline date and time.

We kindly ask that you send, 15 (fifteen) days before your arrival, the bank document that accredits the funds transfer to durres2023@iwf.sport to validate your payment with our bank.

- **BANK /** CREDINS BANK sh.a., RRUGA 'VASO PASHA', Nr. 8, TIRANE
- **SWIFT CODE /** CDISALTRXXX
- **BENEFICIARY /** FEDERATA PESHENGRITJE
- **Tax ID /** K51714004C
- **ADDRESS /** RRUGA LIMAN KABA PARKU OLIMPIK, TIRANE

EUR

- **ACCOUNT NUMBER /** 00001665733
- **CURRENCY /** EUR
- **IBAN /** AL87 2121 1009 0000 0000 0166 5733

USD

- **ACCOUNT NUMBER /** 00001665732
- **CURRENCY /** USD
- **IBAN /** AL17 2121 1009 0000 0000 0166 5732



5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at competition@iwf.sport

PRELIMINARY ENTRIES

The Preliminaries Entries must be uploaded into the IWF Online Entry System by no later than **25 December 2022**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

TWENTY (20) MEN and TWENTY (20) WOMEN

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT
ADD / CHANGE ATHLETES AFTER 25 DECEMBER 2022**

- At the same time for administrative purposes the Member Federation must declare the estimated number of athletes and Team officials who will participate in the 2023 IWF World Youth Championships.

FINAL ENTRIES

The Final List of Athletes must be confirmed in the IWF Online Entry System by no later than **25 February 2023**.

Member Federation must select the final list of athletes from the Preliminary Entry (previously submitted by 25 December 2022):

Max. **TWELVE ATHLETES (10+2 RESERVES) / GENDER**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE
INCLUDED IN THE PRELIMINARY ENTRY.**

The following documents must be returned by **25 February 2023** (by email):

- Accommodation & Transportation Form
- Passport Copy & Photos for Accreditation

All forms must be sent to the following address: durres2023@iwf.sport



Media:

All media participants must be approved in advance.

Media applications should be submitted via an online platform, using the link below:

<https://iwf.net/mediareg>

In case of any question, please contact IWF at press@iwf.sport

6. VISA

Visa process is done online by the Albanian Government via the following link:

<https://e-visa.al>

Applicants can apply for both Electronic & Stamped Visa. Please select Visa Type "C".

If you need any assistance, please contact the Organizing Committee at durres2023@iwf.sport.

7. COVID-19 COUNTERMEASURES

Effective 1 May 2022, if travelling to Albania, whether by land, sea or air, there are no specific documents required, in terms of Covid-19.

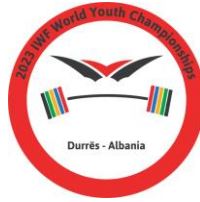
All passengers who are allowed to enter the territory of the Republic of Albania, in addition to complying with the protocols of airline international standards worldwide, must also follow and respect the rules listed below:

- Only travelling passengers will enter the airport building, avoiding being escorted by their family members;
- Passengers must respect the social distance of 1.5 meters during the entire stay at the airport;
- Priority is given to the elderly, people in need and families with minor children;

IWF COVID-19 protocols and procedures must be adhered to by all personnel during this competition.

The documentation and all relevant fees will be available soon.

In case there will be additional requirements by Local Government Authorities, Local Organizing Committee, IWF Medical Committee, the IWF will inform you accordingly.



8. ACCREDITATION

Accreditation will take place at the **Grand Blue Fafa Resort**.

9. FLAG & ANTHEM

Each Member Federation is responsible for bringing its own national flag (100x150 cm) and anthem (USB) and handing them over to the Local Organizing Committee during accreditation. The LOC / IWF cannot be held responsible for errors relating to the flag and anthem.

10. TRANSPORTATION

The OC will provide a shuttle bus from Tirana “Nene Tereza” International Airport for all participants.

Accommodation & Transportation Form must be provided by **25 February 2023**.

- Transportation form shall state which airline, flight number and exact time each delegate will be arriving and departing on. Any change in travel schedule must be communicated in time.
- Local shuttle bus will be provided for all participants to get to the venues (accommodation, competition/training venue and any other official program).

11. COMPETITION REGULATION

The 2023 IWF World Youth Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

12. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR) and IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the IWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;



- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility in any loss or damage of this property;
- Should irrevocable release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

13. ELIGIBILITY

Participating athletes must be between 13 to 17 years of age (born between 2006 and 2010).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**by 25 December 2022**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at **iwf@ita.sport**

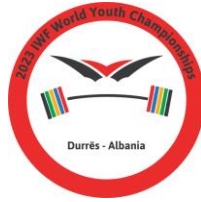
14. WADA ADEL ONLINE COURSE

All Athletes participating are recommended to complete the WADA ADeL online course for Athletes before competing.

The course can be found at the following link: <https://adel.wada-ama.org/>

Just as in the case of the IWF iLiftClean platform, Athletes and supported personnel (coaches, team doctors) shall register at the site, watch the videos, and successfully complete the quiz at the end to receive the certificate.

In case Athletes and athlete support personnel (coaches, team doctors, etc.) have any problem with the registration process, please contact WADA at adel@wada-ama.org.



15. EVENT CATEGORIES

MEN: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg
WOMEN: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg

16. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, according to the IWF Team Classification.

17. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

18. SPORT EQUIPMENT

IWF approved ELEIKO barbells will be used during the competition and training.

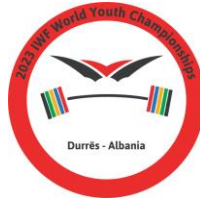
19. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury/illness (COVID-19) by their respective Federations before their departure from their hometown.

20. TEMPERATURE

The temperatures in Durres in March are quite cold with temperatures between 9°C and 17°C, warm clothes are a must.

You can expect about 3 to 8 days of rain in Durres during the months of March and April. It is a good idea to bring along your umbrella so that you don't get caught in poor weather.



Contact details:

**International Weightlifting
Federation**

Maison du Sport International
Av. de Rhodanie 54
Switzerland -1007, Lausanne
Phone: +41 21 601 3227
E-Mail: iwf@iwf.sport
competition@iwf.sport

Albanian Weightlifting Federation

Local Organizing Committee
Address: Olympic Park "Feti Borova"
Street "Liman Kaba" Tirane, Albania
Phone: +355 682541213
E-Mail: durres2023@iwf.sport
albaniawf@gmail.com



PRELIMINARY TIMETABLE

23 MARCH / Thursday	12:00	Verification of the Final Entries / ONLINE		
24 MARCH / Friday	10:00	IWF Executive Board Meeting		
	17:00	TO Meeting		
	18:00	Technical Meeting		
25 MARCH / Saturday	10:00	Men	49	B
	12:30	Women	40	B
	15:00	Men	49	A
	17:30	<i>OPENING CEREMONY</i>		
	19:00	Women	40	A
26 MARCH / Sunday	8:30	Men	55	B
	11:00	Women	45	B
	13:30	Men	61	B
	16:00	Men	55	A
	18:30	Women	45	A
	21:00	Men	61	A
27 MARCH / Monday	8:30	Women	49	B
	11:00	Men	67	B
	13:30	Women	55	B
	16:00	Women	49	A
	18:30	Men	67	A
	21:00	Women	55	A
28 MARCH / Tuesday	8:30	Men	73	B
	11:00	Women	59	B
	13:30	Men	81	B
	16:00	Men	73	A
	18:30	Women	59	A
	21:00	Men	81	A



29 MARCH / Wednesday	8:30	Women	64	B
	11:00	Men	89	B
	13:30	Women	71	B
	16:00	Women	64	A
	18:30	Men	89	A
	21:00	Women	71	A
30 MARCH / Thursday	11:00	Women	76	B
	13:30	Men	96	B
	16:00	Women	76	A
	19:00	Men	96	A
31 MARCH / Friday	11:00	Men	102	B
	13:30	Women	81	B
	16:00	Men	102	A
	19:00	Women	81	A
01 APRIL / Saturday	8:30	Women	+81	B
	11:00	Men	+102	B
	13:30	Women	+81	A
	16:00	Men	+102	A
	19:00	<i>CLOSING CEREMONY</i>		

The competition schedule is subject to change after the verification of final entries.