



## **INVITATION**

**To the President/General Secretary  
of IWF Affiliated National Weightlifting Federation/Association**

**Dear Sir, Madam,**

**On behalf of the Peruvian Weightlifting Federation, the Peruvian Institute of Sport and the Peruvian Olympic Committee we have the great honor to invite you to the 2024 IWF World Youth Championships, during the period of May 22nd to May 26th in Lima, Peru.**

**Lima is officially declared "City of Kings", a city which has hosted world championships up to the last Pan American Games in Lima 2019.**

**The Peruvian Weightlifting Federation is recognized for its quality in the organization of international weightlifting events, as we did with the 2011, 2013 and 2015 World Championships, the Lima 2019 Grand Prix, the 2019 Pan American Games and the South American and Pan American Junior Championships with two platforms simultaneously in 2022.**

**The FDPLP is a member of the Pan American Weightlifting Federation (PAWF) and the International Weightlifting Federation (IWF). From its foundation to the present it has won a great number of South American, Pan American and world medals and it is expected in the near future to start adding Olympic medals with the team that is currently on the rise, being the youth category the most medal-winning by tradition for our country.**

**We hope to see you soon in our country which will amaze you with the warmth of its people and our excellent gastronomy!**

FEDERACION DEPORTIVA PERUANA DE  
LEVANTAMIENTO DE PESAS

Abg. Renzo Vilto Fabrizio Manyari Velazco  
PRESIDENTE



# COMPETITION REGULATIONS





## 1. DATES & PLACE

22-26 May 2024, Lima, Peru

## 2. COMPETITION AND TRAINING VENUE

### Competition & Training Venue

“National Sport Village - Videna” Sports Complex  
Av. Del Aire cdra 8 s/n, Puerta 1, San Luis, Lima, Peru

## 3. ACCOMMODATION

Accommodation will be at the following hotel:

- **Holiday Inn Lima Miraflores**

A minimum stay of 4 (four) nights is required for all participants.

**NOTE: Check-in: 14.00 / Check-out: 12.00**

## 4. FINANCIAL CONDITIONS

### ENTRY FEE

Athletes: USD 300 / athlete (incl. USD 100 IWF Special AD Fee)  
Delegates & Team Officials: USD 200 / person

### 4.1 OFFICIAL HOTEL / Holiday Inn Lima Miraflores

#### Accommodation fee (with full board)

Single room USD 170 / person/night  
Double room USD 145 / person/night

### 4.2 PERUVIANS HIGH-PERFORMANCE CENTER

The Peruvian Weightlifting Federation wishes to provide the opportunity to countries that require it, to stay at the National Sports Village hostel, located 150 meters from the training and competition venue for this event.

As places are limited, the LOC will be coordinating with the Continental Federations the allocation of places, as needed.

These accommodations will have a lower cost than the official hotel. Countries interested in this option should contact their Continental Federations directly. There are 40 rooms, each one is for a maximum of 4 people.

The Continental Federations must request the respective quotas no later than 22 March.



## **PAYMENT**

Check-in: All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation.

No accommodations or accreditations will be offered to any delegation member until funds have been received in full by the Local Organizing Committee (LOC). **No accommodation is guaranteed until full payment is received.**

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee before 22 April 2024, the delegation must pay the charge of "No-Show" per person to the Local Organizing Committee. The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until **22 April 2024** at the latest, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **22 April 2024** and no refunds will be given.

## **BANK TRANSFER PAYMENTS**

Important rules for Bank transactions:

**100% of the total payment (accommodation & entry fees) must be transferred by 22 April 2024 to the Bank Account of the Local Organizing Committee.**

**The countries unable to make wire transfers to submit a request to pay upon arrival based on the decision of the President and the General Secretary on a case-by-case basis.**

Please contact your bank and consider the transaction time of your transfer to be duly received by the deadline to the bank account of the LOC.

We kindly ask you to send the bank statement confirming the bank transfer you made to the bank account of the LOC by sending it to [lima2024@iwf.sport](mailto:lima2024@iwf.sport).



**Full name:** COOPERATIVA DE AHORRO Y CREDITO PACIFICO  
**Full address:** AV. RIVERA NAVARRETE 600-SAN ISIDRO-LIMA 27-PERÚ  
**Bank name:** BANCO INTERAMERICANO DE FINANZAS (BANBIF)  
**Bank Address:** AV. RIVERA NAVARRETE 600-SAN ISIDRO-LIMA 27-PERÚ  
**IBAN or Bank Account No:** 100-0006236  
**SWIFT / BIC Code:** BIFSPEPL

## 5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at [competition@iwf.sport](mailto:competition@iwf.sport)

### PRELIMINARY ENTRIES

The preliminary entries must be uploaded into the IWF Online Entry System by no later than **22 February 2024**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

**TWENTY (20) MEN and TWENTY (20) WOMEN**

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT ADD NEW ATHLETE(S) TO THE LIST AFTER 22 FEBRUARY 2024.**

### FINAL ENTRIES

The final list of athletes must be confirmed in the IWF Online Entry System by no later than **22 April 2024**.

Member Federation must select the final list of athletes from the preliminary entry (previously submitted by 22 February 2024):

Max. **TWELVE ATHLETES (10+2 RESERVE) / GENDER**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.**

**NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.**



The following documents must be returned by **22 April 2024** (by email):

- Accommodation & Transportation Form
- Passport Copy & Photos for Accreditation

All forms must be sent to [lima2024@iwf.sport](mailto:lima2024@iwf.sport).

## **MEDIA**

All media participants must be approved in advance.

Applications should be submitted by **22 April 2024** via the link below:

<https://iwf.net/mediareg/>

In case of any questions, please contact IWF at [pedro.adrega@iwf.sport](mailto:pedro.adrega@iwf.sport)

## **6. VISA**

### **VISA APPLICATION GUIDE**

The Organizing Committee of IWF World Youth Championship welcomes you to Peru and Lima respectively.

Like all countries, Peru has specific immigration policies, so it is possible that many of you may have to go through procedures at the Peru embassies or consulates prior to your visit to apply for visas or permits to enter the country. For this reason, in this document, we will attach links that may be useful for you to speed up the process, as well as offer help at [info@fplp.pe](mailto:info@fplp.pe) from where we can send you an invitation letter from the LOC if you require it.

We ask all participants to thoroughly read the document and if required, visit the specific links to learn about the information for each country, as it is the responsibility of each athlete, team, delegation and/or federation to ensure that the procedures are carried out on time and in the correct manner.

### **GENERAL CONSIDERATIONS**

Passports must be valid for at least 90 days after the date of your return.

To apply for a Peruvian visa, the passport must be valid for at least 6 months beyond the date of the visa application appointment.

It is important to take into account that in case you require a Peruvian visa, you must apply for it personally at the Peruvian consulate of your country or the country where you reside. It is recommended to apply at least two months before travelling to Peru to avoid any difficulties.



If you require a letter of invitation from the LOC, you must send a photograph of your passport as well as the country where you will be applying for the visa.

## REQUIREMENTS FOR ENTERING PERU

To consult the countries that DO require a VISA to enter Peruvian territory, go to the following link:

<https://cdn.www.gob.pe/uploads/document/file/3255212/Requerimientos%20de%20visa%20para%20ciudadanos%20extranjeros.pdf?v=1655248902>

For visa processing, some countries may require specific processes or documentation, so it is important to check the particular details of each country in the following link:

Directory of embassies and consulates:

[http://www.rree.gob.pe/elministerio/Documents/Directorio\\_Embajadas\\_ORH\\_2013-02-14.pdf](http://www.rree.gob.pe/elministerio/Documents/Directorio_Embajadas_ORH_2013-02-14.pdf)

## 7. ACCREDITATION

Accreditation will take place at the **Holiday Inn Lima Miraflores**

## 8. FLAG & ANTHEM

Each Member Federation is responsible for bringing its national flag (100x150 cm) and anthem (USB) and handing them over to the Local Organizing Committee during accreditation. The LOC/IWF cannot be held responsible for errors relating to the flag and anthem.

## 9. TRANSPORTATION

The LOC will provide a free shuttle bus service from/to “Jorge Chavez” International Airport (GDL) to all participants.

Accommodation & Transportation Form must be provided by **22 April 2024**.

- Transportation form shall state which airline, flight number and exact time each delegate will be arriving and departing. Any change in travel schedule must be communicated in time.
- Local shuttle bus service will be provided for all participants to get from/to the venues (accommodation, competition/training venue and any other official program).

## 10. COMPETITION REGULATION

The 2024 IWF World Youth Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).



## 11. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), IWF Policies & IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the IWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

## 12. ELIGIBILITY

Participating athletes must be between 13 to 17 years of age (born between 2007 and 2011).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**Q1 / by 22 February 2024 & Q2 / by 31 March 2024**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at [iwf@ita.sport](mailto:iwf@ita.sport).



### 13. WADA ADEL ONLINE COURSE

All participating athletes shall successfully complete the WADA ADeL online course for athletes before competing and send the certificate to [iwf@ita.sport](mailto:iwf@ita.sport).

The course can be found at the following link: <https://adel.wada-ama.org/>

Just as for the IWF ILiftClean platform, athletes and support personnel (coaches, team doctors) shall register on the above website, watch the videos, and successfully complete the quiz to receive the certificate.

In case athletes and athlete support personnel (coaches, team doctors, etc.) have any problem with the registration process, please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org).

### 14. EVENT CATEGORIES

MEN: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg  
WOMEN: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg

### 15. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, according to the IWF Team Classification.

### 16. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

### 17. SPORT EQUIPMENT

IWF-approved ELEIKO barbells will be used during the competition and training.

### 18. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury/illness (COVID-19) by their respective Federations before they leave their hometown.



## 19. TEMPERATURE

The average temperature in Lima in May is around 15-21 °C.

Contact details:

### **Peruvian Weightlifting Federation / Local Organizing Committee**

Puerta 17 National Stadium

Av. Del Aire cdra 8 s/n, Puerta 1, San Luis, Lima, Peru

Phone: +51 950406 818

E-Mail: [lima2024@iwf.sport](mailto:lima2024@iwf.sport) & [administracion@fplp.pe](mailto:administracion@fplp.pe)

### **International Weightlifting Federation**

Maison du Sport International, Av. de Rhodanie 54, Switzerland -1007, Lausanne

Phone: +41 21 601 3227

E-Mail: [iwf@iwf.sport](mailto:iwf@iwf.sport) & [competition@iwf.sport](mailto:competition@iwf.sport)



## PRELIMINARY TIMETABLE

DATE	TIME				ACTIVITY				
<b>08 May / Wednesday</b>	<b>12:00 (CET)</b>				<b>Verification of the Final Entries / ONLINE</b>				
<b>20 May / Monday</b>	ARRIVAL OF DELEGATIONS								
<b>21 May / Tuesday</b>	TBC				Technical Officials' Meeting				
	TBC				Technical Meeting				
<b>WOMEN - RED PLATFORM</b>					<b>MEN - BLUE PLATFORM</b>				
DATE	WEIGH-IN	COMPETITION	CATEGORY	GROUP	DATE	WEIGH-IN	COMPETITION	CATEGORY	GROUP
<b>22 May / Wednesday</b>	09:30	<b>11:30</b>	40-45	B	<b>22 May / Wednesday</b>	09:30	<b>11:30</b>	49-55	B
	12:00	<b>14:00</b>	40	A		12:00	<b>14:00</b>	49	A
	TBC	<b>OPENING CEREMONY</b>				TBC	<b>OPENING CEREMONY</b>		
	16:30	<b>18:30</b>	45	A		16:30	<b>18:30</b>	55	A
<b>23 May / Thursday</b>	08:30	<b>10:30</b>	49	B	<b>23 May / Thursday</b>	08:30	<b>10:30</b>	61	B
	11:00	<b>13:00</b>	55	B		11:00	<b>13:00</b>	67	B
	13:30	<b>15:30</b>	49	A		13:30	<b>15:30</b>	61	A
	16:30	<b>18:30</b>	55	A		16:30	<b>18:30</b>	67	A
<b>24 May / Friday</b>	08:30	<b>10:30</b>	59	B	<b>24 May / Friday</b>	08:30	<b>10:30</b>	73	B
	11:00	<b>13:00</b>	64	B		11:00	<b>13:00</b>	81	B
	13:30	<b>15:30</b>	59	A		13:30	<b>15:30</b>	73	A
	16:30	<b>18:30</b>	64	A		16:30	<b>18:30</b>	81	A
<b>25 May / Saturday</b>	08:00	<b>10:00</b>	71	B	<b>25 May / Saturday</b>	08:00	<b>10:00</b>	89 - 102	B
	10:30	<b>12:30</b>	71	A		10:30	<b>12:30</b>	89	A
	13:30	<b>15:30</b>	76	A		13:30	<b>15:30</b>	96	A
	<b>16:30</b>	<b>18:30</b>	<b>81</b>	<b>A</b>		<b>16:30</b>	<b>18:30</b>	<b>102</b>	<b>A</b>
<b>26 May / Sunday</b>	08:30	<b>10:30</b>	+81	B	<b>26 May / Sunday</b>	08:30	<b>10:30</b>	+102	B
	11:00	<b>13:00</b>	+81	A		11:00	<b>13:00</b>	+102	A
	TBC	<b>CLOSING CEREMONY</b>				TBC	<b>CLOSING CEREMONY</b>		
<b>27 May / Monday</b>	RETURN OF DELEGATIONS								

*The competition schedule is subject to change after the final entry deadline & after the verification of final entries.*