



## INVITATION



To the President/General Secretary  
of IWF Affiliated National Weightlifting Federation/Association

Dear Sir/Madam,

On behalf of the Saudi Arabian Weightlifting Federation, we have the great honor to invite you to the 2023 IWF World Championships, Paris 2024 Qualification event, during the period 04-17 September, Riyadh, Saudi Arabia.

Riyadh is the capital and largest city of Saudi Arabia. The name Riyadh is derived from the plural of the Arabic word "rawdha", which means "garden". It is situated in the center of the Arabian Peninsula and is home to 4,854,000 people, and the urban center of a region with a population of close to 7 million people.

We look forward to welcoming you soon in Riyadh, the most beautiful and amazing city in the Kingdom of Saudi Arabia

With best sport regards,

Alharbi Mohammed Ahmed

President

Saudi Weightlifting Federation



# COMPETITION REGULATIONS





## 1. DATES & PLACE

04-17 September 2023, Riyadh, Saudi Arabia

## 2. COMPETITION AND TRAINING VENUE

**Green Hall** at Prince Faisal bin Fahd Olympic Complex, Riyadh

## 3. ACCOMMODATION

Accommodation will be at the following hotels:

- **InterContinental Riyadh**
- **Narcissus Hotel and Residence Riyadh**
- **Voco Riyadh**
- **Golden Tulip Riyadh**
- **Marriot Court Yard**

A minimum stay of 4 (four) nights is required for all participants.

**NOTE: Check-in: 14.00 / Check-out: 12.00**

## 4. FINANCIAL CONDITIONS

### Accommodation fee (with full board)

Single room	\$200 USD / person / night
Double room	\$160 USD / person / night

### Entry fee / **for all participants to be paid until 04 July 2023**

Athletes:	\$300 USD / athlete (incl. \$100 USD IWF Special AD Fee)
Delegates & Team Officials:	\$200 USD / person

### Payment

Check-in: All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation.



No accommodations or accreditations will be offered to any delegation member until funds have been received in full to the Local Organizing Committee (LOC) bank account or paid in cash. **No accommodation is guaranteed until full payment is received.**

**Hotel "No-Show" charges:** If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee 30 days before the arrival, the delegation must pay to the Local Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. The charge is equal to the Accommodation Fee per person / per day.

If one or more participants are delayed one or more days, the delegation must pay all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until **04/08/2023** at the latest, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel and however, this cannot be guaranteed.

Cancellations will not be accepted after **04/08/2023** and no refunds will be given.

## **BANK TRANSFER PAYMENTS**

Important rules for Bank transactions:

100% of the total payment (accommodation & entry fees) must be transferred by **04/08/2023** to the Bank Account of Local Organizing Committee.

Please ask your bank and consider the transaction time for your payment to be duly received by the deadline to the bank account of the LOC.

We kindly ask that you send the bank statement confirming the bank transfer you made to the bank account of the LOC by sending to [riyadh2023@iwf.sport](mailto:riyadh2023@iwf.sport).

- **NAME OF THE BANK / AIRajhi Bank**
- **ACCOUNT HOLDER / Saudi Weightlifting Federation**
- **ACCOUNT NUMBER (IBAN) / SA2980000504752010004841**
- **SWIFT CODE / RJHISARXXX**
- **CURRENCY / USD**



## 5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at [competition@iwf.sport](mailto:competition@iwf.sport)

### PRELIMINARY ENTRIES

The Preliminaries Entries must be uploaded into the IWF Online Entry System by no later than **04 June 2023**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

**TWENTY (20) MEN and TWENTY (20) WOMEN**

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT MODIFY ITS LIST OF ATHLETES AFTER 04 JUNE 2023.**

### FINAL ENTRIES

The Final List of Athletes must be confirmed in the IWF Online Entry System by no later than **04 July 2023. TWO (2) MONTHS BEFORE THE EVENT.**

Member Federation must select the final list of athletes from the Preliminary Entry (previously submitted by 04 June 2023):

**Max. TWELVE ATHLETES (10+2 RESERVE) / GENDER**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.**

**ENTRY FEES MUST BE PAID NO LATER THAN 04 JULY 2023.  
NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF ENTRY FEES.**

The following documents must be returned by **04 August 2023** (by email):

- Accommodation & Transportation Form
- Passport Copy & Photos for Accreditation

All forms must be sent to [riyadh2023@iwf.sport](mailto:riyadh2023@iwf.sport).



## Media:

All media participants must be approved in advance.

Applications should be submitted by 04 July 2023 via the link below:

<https://iwf.net/mediareg/>

In case of any question, please contact IWF at [pedro.adrega@iwf.sport](mailto:pedro.adrega@iwf.sport)

## 6. VISA

Participants who require a visa to enter Saudi Arabia are requested to send their visa application letter before **04 August 2023** to [riyadh2023@iwf.sport](mailto:riyadh2023@iwf.sport).

**VISA FEE: \$60 USD / person.**

Local Organizing Committee will be responsible for ensuring the requested visas on time.

**LOC CANNOT GUARANTEE ANY VISA FOR PARTICIPANTS SUBMITTING THEIR VISA APPLICATION LETTER AFTER THE ABOVE DEADLINE.**

## 7. COVID-19 COUNTERMEASURES

**No entry restrictions are imposed on participants in Saudi Arabia** in relation to the Covid-19 vaccination. However, vaccination is recommended.

In case there will be additional requirements by Local Government Authorities, Local Organizing Committee, IWF Medical Committee, the IWF will inform you accordingly.

## 8. ACCREDITATION

Accreditation will take place at the hotel where each delegation will be staying.

## 9. FLAG & ANTHEM

Each Member Federation is responsible for bringing its own national flag (100x150 cm) and anthem (USB) and handing them over to the Local Organizing Committee during accreditation. The LOC / IWF cannot be held responsible for errors relating to the flag and anthem.



## 10. TRANSPORTATION

The LOC will provide a free shuttle bus service from / to Riyadh King Khalid International Airport to all participants.

Accommodation & Transportation Form must be provided by **04 August 2023**.

- Transportation form shall state which airline, flight number and exact time each delegate will be arriving and departing on. Any change in travel schedule must be communicated in time.
- Local shuttle bus service will be provided for all participants to get from / to the venues (accommodation, competition/training venue and any other official program).

## 11. COMPETITION REGULATION

The 2023 IWF World Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

## 12. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), IWF Policies & IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the IWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility in any loss or damage of this property;
- Should irrevocable release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;



- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

### 13. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2008 or earlier).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**Q2 / by 04 June 2023 & Q3 / by 30 June 2023**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at [iwf@ita.sport](mailto:iwf@ita.sport).

### 14. WADA ADEL ONLINE COURSE

**All participating athletes shall successfully complete the WADA ADeL online course for athletes before competing, and send the certificate to [iwf@ita.sport](mailto:iwf@ita.sport).**

The course can be found at the following link: <https://adel.wada-ama.org/>

Just as for the IWF ILiftClean platform, athletes and supported personnel (coaches, team doctors) shall register on the above website, watch the videos, and successfully complete the quiz to receive the certificate.

In case athletes and athlete support personnel (coaches, team doctors, etc.) have any problem with the registration process, please contact WADA at [adel@wada-ama.org](mailto:adel@wada-ama.org).

### 15. EVENT CATEGORIES

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg  
WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

### 16. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, according to the IWF Team Classification.





## 17. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

## 18. SPORT EQUIPMENT

IWF approved ZKC barbells will be used during the competition and training.

## 19. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident / injury / illness (COVID-19) by their respective Federations before their departure from their hometown.

## 20. TEMPERATURE

The average temperature during the Championships will be around 26-38 °C. The electricity is 220 V.

Contact details:

**International Weightlifting Federation**  
Maison du Sport International  
Av. de Rhodanie 54  
Switzerland -1007, Lausanne  
Phone: +41 21 601 3227  
E-Mail: [iwf@iwf.sport](mailto:iwf@iwf.sport)  
[competition@iwf.sport](mailto:competition@iwf.sport)

**Saudi Weightlifting Federation**  
Prince Faisal Bin Fahd Street  
Olympic Complex  
Alhada District, Riyadh, Saudi Arabia  
P.O. Box 42806  
Riyadh 11551, KSA  
Phone: +966 50 800 8917

**Local Organizing Committee**  
Whatsapp: +966 503 447 407  
Fax: +966 11 482 2127  
E-Mail: [riyadh2023@iwf.sport](mailto:riyadh2023@iwf.sport),  
[president@swf.sa](mailto:president@swf.sa)



## PRELIMINARY TIMETABLE

<b>21 August / Monday</b>	<b>12:00 CEST</b>	<b>Verification of Final Entries / ONLINE</b>		
<b>03 September / Sunday</b>	TBC	Technical Officials Meeting		
	TBC	Opening Ceremony		
<b>04 September / Monday</b>	9:00	Women	49	D
	11:30	Women	49	C
	14:00	Men	55	B
	16:30	Women	45	B
	<b>19:00</b>	<b>Women</b>	<b>45</b>	<b>A</b>
	21:30	Men	61	D
<b>05 September / Tuesday</b>	9:00	Women	55	D
	11:30	Men	61	C
	14:00	Women	49	B
	<b>16:30</b>	<b>Women</b>	<b>49</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>55</b>	<b>A</b>
	21:30	Women	55	C
<b>06 September / Wednesday</b>	9:00	Men	67	D
	11:30	Men	61	B
	14:00	Women	55	B
	<b>16:30</b>	<b>Men</b>	<b>61</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>55</b>	<b>A</b>
	21:30	Men	67	C
<b>07 September / Thursday</b>	9:00	Women	59	E
	11:30	Women	59	D
	14:00	Women	59	C
	16:30	Men	67	B
	<b>19:00</b>	<b>Men</b>	<b>67</b>	<b>A</b>
	<b>08 September / Friday</b>	11:30	Men	73
14:00		Men	73	D
16:30		Women	59	B
<b>19:00</b>		<b>Women</b>	<b>59</b>	<b>A</b>



<b>09 September / Saturday</b>	9:00	Women	64	D
	11:30	Men	73	C
	14:00	Women	64	C
	16:30	Men	73	B
	<b>19:00</b>	<b>Men</b>	<b>73</b>	<b>A</b>
<b>10 September / Sunday</b>	9:00	Men	89	D
	11:30	Men	81	D
	14:00	Men	81	C
	16:30	Women	64	B
	<b>19:00</b>	<b>Women</b>	<b>64</b>	<b>A</b>
<b>11 September / Monday</b>	21:30	Men	89	C
	9:00	Women	71	D
	11:30	Men	81	B
	14:00	Men	89	B
	<b>16:30</b>	<b>Men</b>	<b>81</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>89</b>	<b>A</b>
<b>12 September / Tuesday</b>	<b>TBC</b>	<b>IWF Congress</b>		
<b>13 September / Wednesday</b>	21:30	Women	71	C
	9:00	Men	96	C
	11:30	Women	71	B
	14:00	Men	96	B
	<b>16:30</b>	<b>Men</b>	<b>96</b>	<b>A</b>
<b>14 September / Thursday</b>	<b>19:00</b>	<b>Women</b>	<b>71</b>	<b>A</b>
	21:30	Men	102	C
	9:00	Women	76	C
	11:30	Men	102	B
	14:00	Women	76	B
	<b>16:30</b>	<b>Women</b>	<b>76</b>	<b>A</b>
<b>19:00</b>	<b>Men</b>	<b>102</b>	<b>A</b>	
	21:30	Women	81	C



<b>15 September / Friday</b>	9:00	Women	87	C
	11:30	Women	81	B
	14:00	Women	87	B
	<b>16:30</b>	<b>Women</b>	<b>81</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>87</b>	<b>A</b>
	21:30	Men	109	C
<b>16 September / Saturday</b>	9:00	Women	+87	C
	11:30	Women	+87	B
	14:00	Men	109	B
	<b>16:30</b>	<b>Women</b>	<b>+87</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>109</b>	<b>A</b>
<b>17 September / Sunday</b>	11:30	Men	+109	C
	14:00	Men	+109	B
	<b>16:30</b>	<b>Men</b>	<b>+109</b>	<b>A</b>
	<i>TBC</i>	<i>Closing Ceremony</i>		

*The competition schedule is subject to change after the final entry deadline & after the verification of final entries.*