



EGAT King's Cup (Junior)
INTERNATIONAL WEIGHTLIFTING CHAMPIONSHIPS 2022
10-15 October 2022, UBON RATCHATHANI, THAILAND



UBON RATCHATHANI

To: President of National Weightlifting Federation

Dear Sir/Madame,

The Thai Amateur Weightlifting Association (TAWA) has taken much pleasure to invite you to the EGAT King's Cup (Junior) International Weightlifting Championships 2022 being held during 10-15 October 2022 at Ubon Ratchthani province, Thailand.

As the member of the Organizing Committee; I would like to welcome your athletes and participants to Ubon Ratchathani, Thailand. Hoping you to be our guests to an ancient city over hundreds of years. A City of Beautiful Lotuses, a Two-colored River, Relatively unknown to the most tourists, the province boasts a number of natural wonders, cultural and historical attractions, National parks, Delicious Fish, Beaches and Rapids, Thai Scholars, Devout Buddhists, Finely Carved Candles, and Pre-historical Rock Paintings.

On behalf of TAWA and EGAT. I wish to express my utmost sincere appreciation to all of you who participate. And apologizes in advance any shortcomings that you may experience. Wish you all happy stay in Uban Ratchathani and looking forward to hear from you soon.

Best regards,

Mr.Prachaya KEERATINANT
President of Thai Amateur Weightlifting Association



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COMPETITION RULES AND REGULATIONS

Competitions will be held in accordance with the latest IWF Technical and Competition Rules & Regulations.

ELIGIBILITY

EGAT King's Cup (Junior) International Weightlifting Championships 2022

Athletes born between 1 January 2002 and 31 December 2007 (aged 15 – 20 years).

ACCOMMODATIONS

V HOTEL UBON (1.1 km. from the Venue)
436/1 Chayangkul Rd., Muang District, Ubon Ratchathani, THAILAND 34000
Tel: (+66) 4531 1993, (+66) 9 7334 4480
E-mail: vhotelubon@gmail.com
Facebook: [facebook.com/vhotelubon/](https://www.facebook.com/vhotelubon/)

VENUES

Competition Site : Praipayom Hall, Ubon Ratchathani Rajabhat University (UBRU)
2 Ratcha Thani Rd., Muang Ubon Ratchathani District,
Ubon Ratchathani 34000 THAILAND
Tel: (+66) 4535 2114 Fax: (+66) 4535 1465

Training Site : Praipayom Hall, Ubon Ratchathani Rajabhat University (UBRU)
2 Ratcha Thani Rd., Muang Ubon Ratchathani District,
Ubon Ratchathani 34000 THAILAND
Tel: (+66) 4535 2114 Fax: (+66) 4535 1465

EVENTS

JUNIOR MEN : 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg and +96 kg.

JUNIOR WOMEN : 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg and +76 kg.

SPORT EQUIPMENT: IWF approved sport equipment will be provided.

DOPING CONTROL

Anti-doping controls will be carried out by the Doping Control Agency of Thailand (DCAT) in accordance with the Sports Authority of Thailand.

FINANCIAL CONDITIONS

1. Participation fee including accommodation and meals are as follows:

- Double room type: US\$ 70 per person per day
- Single room type: US\$ 90 per person per day



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2. No Entry Fee of each delegation member, athlete or official.
3. All payment must be settled to the Organizing Committee upon arrival at the Accreditation Center in USD in cash.
4. A minimum stay of 3 (three) days is required for all participants.

TRANSPORTATION

All teams will be received at Ubon Ratchathani International Airport upon their arrival. The participating teams are required to make reservations for their own flights to and from Ubon Ratchathani. OC will provide local transportation between official venues and hotel.

INSURANCE

All participants would **have to be under insurance coverage for travel, accident and Medical by their respective Federations** before their departure.

VISA

Visa entry to Thailand could be obtained from the Thai Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. There are 28 countries can apply VISA on arrival to Thailand please check this website; <http://www.mfa.go.th/main/en/services/123/15393-Visa-on-Arrival.html>. If you would like to request Exemption VISA please send a complete list of names with passport data, itinerary schedule (flight booking) and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters, the process will take at least 20 days.

PLEASE, NOTE: According to the Covid-19 pandemic procedures and requirements, each person upon arrival, have to present certificate of fully vaccination or RT-PCR / Professional ATK COVID-19 test result issued within 72 hours before departure.

In addition, a RAPID ANTIGEN test will be carried out on all participants every 4th day of their stay. The cost of these tests will be covered by the Local Organizing Committee.

In case there will be additional requirements, Local Organizing Committee will inform you accordingly.

FLAG AND ANTHEM

Each participating team is kindly requested to bring along a USB of their National Anthem and two National Flags 1.0 x1.5 m.

These must be submitted upon arrival/accreditation.



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PRIZES

- Snatch, Clean & Jerk and Total will be prized, with Gold, Silver, Bronze to the first 3 place
- The Best Junior Male and female competitors will be prized with a cup.

ACCREDITATION

The accreditation of the delegations will take place in the V Hotel Ubon upon arrivals.

**PLEASE NOTE STANDARD TOTAL FOR
the minimum Weight-lift for EGAT King's Cup (Junior)**

(Snatch, Clean & Jerk each) is :

Junior Men	45	kg
Junior Women	40	kg

AVERAGE TEMPERATURE in Ubon Ratchathani: 24-35°C

Ubon Ratchathani Province: located in the North-Eastern part of Thailand 629 kilometers from Bangkok. by bus 8-9 hours, and by train 10-11 hours.

ELECTRICITY: 220 Volt

FURTHER INFORMATION

Please contact THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)
286, 20th Floor of Sports Authority Building.
Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240
THAILAND
Tel: (+66) 2170-9461
Fax: (+66) 2170-9462

Website: www.tawa.or.th

Email: tawa@tawa.or.th



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COMPETITION SCHEDULE AND PROGRAM

Sunday	09 October 2022			
10:00		Verification of Final Entries		
Monday	10 October 2022			
09:00		Junior Men	55 Kg.	Group C
11:00		Junior Men	55 Kg.	Group B
13:00		Junior Women	45 Kg.	Group B
14:30		Opening Ceremony		
15:00		Junior Men	55 Kg.	Group A
17:00		Junior Women	45 Kg.	Group A
Tuesday	11 October 2022			
09:00		Junior Men	61 Kg.	Group B
11:00		Junior Women	49 Kg.	Group B
13:00		Junior Men	67 Kg.	Group B
15:00		Junior Women	49 Kg.	Group A
17:00		Junior Men	61 Kg.	Group A
Wednesday	12 October 2022			
09:00		Junior Men	73 Kg.	Group B
11:00		Junior Women	55 Kg.	Group B
13:00		Junior Men	67 Kg.	Group A
15:00		Junior Women	55 Kg.	Group A
17:00		Junior Men	73 Kg.	Group A
Thursday	13 October 2022			
09:00		Junior Women	59,64 Kg.	Group B
11:00		Junior Men	81 Kg.	Group B
13:00		Junior Women	59 Kg.	Group A
15:00		Junior Men	81 Kg.	Group A
17:00		Junior Women	64 Kg.	Group A
Friday	14 October 2022			
09:00		Junior Women	71,76 Kg.	Group B
11:00		Junior Men	89 Kg.	Group B
13:00		Junior Women	71 Kg.	Group A
15:00		Junior Men	89 Kg.	Group A
17:00		Junior Women	76 Kg.	Group A
18:30		Junior Men	96,+96 Kg.	Group B



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Saturday 15 October 2022

09:00	Junior Women	+76 Kg.	Group B
11:00	Junior Men	96 Kg.	Group A
13:00	Junior Women	+76 Kg.	Group A
15:00	Junior Men	+96 Kg.	Group A
17:00	Closing Ceremony		
18:00	Banquet		

Note: Time schedule subject to be changed after the verification of final entries.



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FINAL ENTRY FORM / MEN

The Final Entry Form must be submitted to the Organizing Committee prior to **10 September 2022**.

THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

- 286 , 20th Floor Sports Authority of Thailand Building. Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240 THAILAND • Tel: +66 2170 9461 • Fax: +66 2170 9462
• e-mail: tawa@tawa.or.th

	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
RE										
RE										
No.	Name of Officials		Date of Birth	Position	Arrival Date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										

Country:

Signature:

Date:



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FINAL ENTRY FORM / WOMEN

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	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
RE										
RE										
No.	Name of Officials		Date of Birth	Position	Arrival Date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
1										
2										
3										
4										
5										
6										
7										
8										
9										

Country:

Signature:

Date:



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TEAM ACCOMMODATION FORM

The Final Entry Form must be submitted to the Organizing Committee prior to
10 September 2022.

THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

- 286 Rajamagala National Stadium, Room 225-226. Ramkhamhaeng Rd., Hua Mark Bangkok 10240 THAILAND • Tel: +66 2369 1659 • Fax: +66 2314 6274
- e-mail: tawa@tawa.or.th

Date	Single Room	Double Room
08 October 2022		
09 October 2022		
10 October 2022		
11 October 2022		
12 October 2022		
13 October 2022		
14 October 2022		
15 October 2022		
16 October 2022		

Country: Signature:
 Date: